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## 5.1 Life Stories Introduction activity

What Using life stories in LGBT education

Purpose to provide guidance to teachers who wish to use LGBT+ older people's life stories as part of

their teaching.

Target group teachers and trainers in vocational education and their students

Level Level 2-3-4 in vocational education.

Execution Extra support from the teacher might be necessary depending on the ability of the students to

work independently

Sources BEING ME: Project Report on Best Practices in Learning and Education to Support LGBT Ageing

Care and Wellbeing

Best practice principles on developing LGBT cultural competence in health and social care

education

YouTube video: LGBT Ageing 2 Stories <a href="https://www.youtube.com/watch?v=lkPJxQorieo">https://www.youtube.com/watch?v=lkPJxQorieo</a>

## Introduction activity

The following short video from SAGE Advocacy Services, depicts the life stories of two different women, Tina and Jackie. Both were born in 1947, one identifies and heterosexual, the other as Lesbian. The video highlights the different experiences that impacted on both their life stories.

https://www.youtube.com/watch?v=lkPJxQorieo

## Assignment

This video could be used to promote a discussion on some of social, cultural, economic and legal factors that influence all our life stories. It could also prompt discussion on the differences between the life stories of older who identify as LGBT or heterosexual. The video provides a context for understanding some of the experiences that LGBT+ older people have lived through and can set the scene for further discussion about the topics and issues considered as part of this block.

## Keep on Learning

- 1000 Lives Plus (2012) Learning to Use Patient Stories. 1000 Lives Plus/The Health Foundation.
- Patient voices
- To survive on this shore
- Michael D. Pelts & Colleen Galambos (2017) Intergroup Contact: Using Storytelling to Increase Awareness of Lesbian and Gay Older Adults in Long-Term Care Settings, Journal of Gerontological Social Work, 60:6-7, 587-604, DOI: 10.1080/01634372.2017.1328478
  <a href="https://doi.org/10.1080/01634372.2017.1328478">https://doi.org/10.1080/01634372.2017.1328478</a>