

#### 4.1 Relationships, families and intimacies – Introduction activity

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What	Introduction activity
Purpose	Introduction to the key concerns of LGBT+ older people's communities about their relationships when interacting with care.
Target group	Teachers and trainers in vocational education and their students
Level	Level 2-3-4 in vocational education.
Execution	Extra support from the teacher might be necessary depending on the ability of the students to work independently. Encourage students to share their own stories (six steps of separation).
Sources	<a href="#">Gensilent</a>

##### Introduction [Gensilent](#)

In this short (4 min) video clip, we can hear older people talk about their fears and experiences of disclosing their intimate relationships and reflecting on who they might be able to and need depend upon in later life.

Person centred care and providing quality support to older people is all about ensuring every individual is respected and can discuss their support needs with sensitive staff who are confident about working with people from diverse backgrounds with different sexual identities, family set-ups or life histories. Person-centred support enables people to choose services that are supportive, safe and culturally appropriate. In this respect, LGBT people don't necessarily feel they need special treatment, but they don't want to have to explain or justify their lives or relationships, especially at a time when they may be in crisis. They may want many of the same things in later life as heterosexual or cisgender older people. Short description of the situation in which students can encounter the dilemmas of this assignment.

##### Activity

Ask the students to watch this video together and discuss in small groups what reflections were triggered for them on disclosure and future care for older people in the community. Encourage them to identify one or two practical things that they could do to show their empathy, understanding and respect during initial interaction.

##### Outcome

Creating awareness amongst students about the history of LGBT+ communities and valuing their contribution to society. Students to start to identify the implications for accessing support and the significance of recognising and valuing different relationships.